



Healthy Smiles...

To Last A Lifetime

from the dentist

Staying Healthy & Safe

Regular dental care is an essential health service and, because of our consistent efforts, our office is one of the safest places you can be.

Staying healthy is a top priority for everyone. To keep you, our team, and our community protected, we have added the most-advanced infection control measures in dentistry to our already-stringent sterilization routines.

Because we want you to be completely comfortable coming to us for your care, we invite you to talk with us if you have any questions about your safety during COVID. Either call or we'll talk at your next appointment. We care about you and want to reassure you.

Yours in continuing health,
Dr. Inna Dijour

It's Time To Get Back On Track

With your oral healthcare

Were you scheduled for a routine dental appointment that was cancelled because of the pandemic? It's now time to catch up!

A recent study shows a connection between COVID-19 patients with gum inflammation and poorer outcomes. Your return to regular dental care will improve your health and may even protect you if you suffer from gum disease or have gums that are inflamed due to a gap in professional dental care.

Even with strict homecare routines, you can't remove 100% of plaque or tartar. You need us to remove it and the associated increased risks for systemic health issues – today more than ever – so don't delay. Call today!



Protecting You, Our Team & Our Community With...

Screening & triaging

- pre-screening questions
- no-touch temperature readings

Infection prevention & control

- rigorous disinfection protocols
- stringent sterilization of non-disposable equipment

Team hygiene

- hand and respiratory hygiene
- wearing full PPE

Physical distancing

- curbside check-ins
- minimal patients seen at one time
- critical patient caregivers only in practice

THANK YOU FOR ALL YOUR REFERRALS. WE APPRECIATE THEM!



Forget Miracle Cures

A brighter whiter smile is a reality!

After being bombarded with beauty ads that promise miracle cures, it's nice to know that you can still take steps toward self-improvement that are safe, reliable, and come with your own personal smile-consulting team.

Do you have tooth stains from smoking, tea, coffee, or wine? Is your first impulse to try one of many whitening toothpastes that are available? Think again... These toothpastes use abrasives and there's a risk that they will thin your enamel, making your teeth look even more yellow.

You might be considering over-the-counter or off-the-shelf products. Think again... These are not customized to your needs and results are unpredictable.

Come to us – the teeth whitening professionals. No fussing, guessing, or waiting for days. While results may seem miraculous to you, it's no miracle at all. We can quickly and effectively whiten your teeth using tried and tested, safe, quality products.

We're here for you! Call today!

office information

Soft Touch Dental Care

Dr. Inna Dijour

3893 Route 516 County Hwy, Ste 2a
Old Bridge, NJ 08857-2499

Office Hours

Tuesday 8:00 am – 7:00 pm

Wednesday 8:00 am – 7:00 pm

Friday 8:00 am – 7:00 pm

Saturday 8:00 am – 3:00 pm

Closed daily for lunch from 1pm-2pm

Contact Information

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Office Staff

Michele Front Desk

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WWW.SOFTTOUCHDENTALCARE.NET

Dazzling Canines!

Here's to sweet puppy kisses

We don't treat dogs, but believe in helping to keep your pets' mouths clean! Offer crunchy veggies like raw carrots, green beans, apples, and cucumber – all healthy high-fiber alternatives to sugary high-carb treats. Broccoli stocks (no heads) make ideal toothbrushes and can ward off arthritic inflammation. Give small amounts to avoid digestive upset.

Veterinary associations say dogs need regular toothbrushing and annual dental checkups and cleanings, all of which will give your doggo the same benefit that it gives us – the reduction or elimination of cavities, gum disease, tooth loss, tooth stains, tartar buildup, pain, bad breath, and increased systemic health risks.



Got Mask Mouth?

A new phenomena

For some, wearing a mask encourages mouth breathing, and when worn for long stretches, it reduces fluid intake, causing less saliva production and a drier mouth. This can cause a host of problems ...cavities, plaque buildup, higher acidity and bad-bacteria levels, gum disease, bad breath, and more!

What to do? Drink more water, reduce caffeine, use a tongue scraper, use alcohol-free mouthrinse, and breathe through your nose!